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**Remember - we have a long flu season in Massachusetts, so there is still plenty of time to get vaccinated. Seasonal, H1N1 and Pneumococcal Vaccine will be available at Cary Hall while supplies last on Friday January 8, 2010 and Saturday January 9, 2010**

*National Influenza Vaccination Week stresses importance of immunization against flu*

<b><u>Date</u></b>	<b><u>Location</u></b>	<b><u>Hours</u></b>	<b><u>Vaccines that are available</u> <u>Who will be vaccinated?</u></b>
January 8 2010 (Friday)	Cary Hall, 1605 Massachusetts Avenue	Open: 1:00 PM  Closed: 3:00 PM	<b><u>Injectable Seasonal and H1N1 Vaccine</u></b> (Flu Shot) Adults who are over 50 years of age Adults who are pregnant Children under 10 years of age who need a booster vaccine.  <b><u>Intranasal Seasonal and H1N1 Vaccine</u></b> (Flu Mist) Children and Adults who are 2-49 years of age. Children under 10 years of age who need a booster vaccine.  <b><u>Pneumococcal Vaccine</u></b> Adults who are 60 + Adults with underlying medical conditions. Adults who smoke tobacco products.
January 9 2010 (Saturday)	Cary Hall, 1605 Massachusetts Avenue	Open: 10:00 AM  Closed: 12:30 PM	<b><u>Injectable Seasonal and H1N1 Vaccine</u></b> Adults who are over 50 years of age Adults who are pregnant  <b><u>Intranasal Seasonal and H1N1 Vaccine</u></b> (Flu Mist) Children and Adults who are 2-49 years of age. Children under 10 years of age who need a booster vaccine.  <b><u>Pneumococcal Vaccine</u></b> Adults who are 60 + Adults with underlying medical conditions. Adults who smoke tobacco products.

In an effort to recognize *National Influenza Vaccination week* and to protect as many residents as possible from the influenza virus, both Seasonal and H1N1 vaccine will be available in the intranasal (“mist”) or injectable “shot” format. Vaccination is the single most effective way to protect yourself and your loved ones from flu-especially if you or someone you care about has a chronic health condition like asthma.

Lexington residents two years and older, (not just those in priority groups), are eligible to be vaccinated at the Seasonal and H1N1 clinics as long as supplies last. *“This will most likely be the last in a series of free public flu clinics that have been offered by the Lexington Health Division this year.”* said Gerard F. Cody, Health Director.

Over thirteen hundred residents were vaccinated for Seasonal Influenza Flu and at least twenty three hundred residents were vaccinated for H1N1 Influenza so far this season. *“Influenza is unpredictable, and we don’t know yet whether we’ll see another wave of illness. It is extremely important that we continue our efforts to provide as many convenient opportunities as we can for residents to get vaccinated for seasonal and H1N1 influenza.”* said Gerard F. Cody, Health Director.

The vaccination clinics will take place on Friday January 8, 2009 between the hours of 1:00 PM to 3:00 PM and Saturday January 9, 2009 between the hours of 10:00 AM and 12:30 PM, at Cary Hall, 1605 Massachusetts Avenue. All vaccines will be provided at the upcoming clinic free of charge to all Lexington residents on a first-come, first-serve basis. Residents are asked to bring their health insurance cards, although insurance is not required to get vaccinated at the clinic.

“Children younger than age ten (10) receiving the H1N1 vaccine for the first time are required to receive a booster or second dose approximately thirty days later. It just cannot be sooner than four weeks and it can be as late as the end of spring 2010, which is considered the conclusion of the current Flu Season.” said Gerard Cody, Health Director. Please check with your physician if you have any questions.

### **Upon arrival at Cary Hall**

In an effort to keep families together, we ask that adults with children aged two (2) to eighteen (18) years old enter Cary Hall from the left front entrance (when facing Cary Hall from Massachusetts Ave) and bear to the left, not entering the auditorium, but the hallway beyond it to pick up forms for registration. After your registration form has been reviewed by a greeter, you will continue down the hallway and enter the auditorium. You will then be directed by a Medical Reserve Corp volunteer to your vaccination station. There will be Town of Lexington Health Division staff and Medical Reserve Corps volunteers wearing white vests and identification badges to answer any of your questions.

### **For More Information and an option to Pre Register**

The Department of Public Health has a *H1N1 Influenza Virus* hotline, which has been set up to help answer any questions about the disease. Call 1-866-627-7968 and dial 1. You may also pre-register at [www.region4a-mrc.org](http://www.region4a-mrc.org) by selecting “Clinics”, follow the instructions and choose the date that you would like to attend. For further information, contact the Office of *Community Development, Health Division*, Gerard Cody, Health Director at 781-862-0500 x 237. You may also visit, [www.cdc.gov/swineflu](http://www.cdc.gov/swineflu) or [www.mass.gov/dph/flu](http://www.mass.gov/dph/flu).